

FAMILY FUN ALL YEAR

GAME ROOM:

Rye Y families are encouraged to enjoy the Game Room, located next to the Child Watch room on the first floor. The Game Room is open whenever the Y is open. Come play air hockey or hang out with your family. Children must be at least 11 years old **and** in the 6th grade or be supervised by an adult. (Monday-Friday, 3-6pm, closed for After-School program use.)

SOFT PLAY FOR FAMILY MEMBERS: Supervised time for parents to spend time with their children using available soft play equipment. Children must be 5 and under and must always be supervised by an adult. Soft play will be held most Saturdays until June 17, from 1:30pm-3:00pm. Please check open gym schedules for availability. **Free for Family Members.**

FAMILY BASKETBALL FOR FAMILY MEMBERS: A time for families to come and have fun together. Children must be at least 11 years old **and** in the 6th grade or be supervised by an adult. Please see open gym schedules for availability. **Free for Family Members.**

FAMILY SWIM FOR FAMILY MEMBERS: Water fun for the entire family. Variety of times available after school and on the weekends. (Check pool schedule for days & times.) Children 9 & under, must be accompanied in the water by an adult. For children 10-11, adult may observe from the lobby. Children must be at least 11 years old **and** in the 6th grade or be supervised by an adult. Swim caps required. All swimmers must be swim checked. **Free for Family Members**

AQUATIC PLAYTIME FOR YOUTH WITH SPECIAL NEEDS & THEIR FAMILIES

Each Sunday from 8:45-9:25 am, the Rye Y opens its pool to children and teens with special needs. Please contact vickie@ryeymca.org or (914) 967-6363 x108, to discuss your child's specific needs in order to prepare for the session. One adult must accompany each participant with special needs. Siblings are welcome to enjoy the swim time with their family!
Sunday: 8:45-9:25 am; Free for Members and Non-Members

JANUARY

ACTIVE FAMILY FRIDAY - NERF NIGHT

Friday, January 11, 6:30-7:30pm

Join us for a fun filled family Friday event. Each event will have you and your family moving with exercise geared to all ages! Family participation required. Questions: kathy@ryeymca.org
Family/Youth: \$25; Non-Member: \$35 (per event/per family)

GYMNASTS NIGHT IN

Fridays: January 11: 7:00-9:30 pm

Ages 5 and up (No experience necessary)

Join us for a fun-filled evening of gymnastics, group games, open workouts and much more. Dinner included. Registration required.

Family: \$25; Youth: \$35; Non-Member: \$50

PARENTS NIGHT OUT

Friday, January 18, 6:30-9:00pm

Enjoy a night out while we provide a safe and fun environment for the kids! **Registration is required.** Questions: kellylewin@ryeymca.org

Ages 3 mos-5 years: Storybook Activities: "The Snowy Day"

Located in Child Watch Room and includes an age appropriate snack.

Family: \$20/child; Youth: \$25/child; Non-Member: \$40/child

Grades K-6: Dance Party. Located in Child Care Room and includes a light dinner.

Family: \$25/child; Youth: \$35/child; Non-Member: \$50/child

FEBRUARY

FIRST FAMILY FRIDAY - STEM MADNESS

Every 1st Friday of the month, we invite your family to join us for an evening activity with themed crafts, activities, snacks and fun.

Friday, February 1, 6:30-7:30 pm

Registration is required and space is limited so reserve yours today! Questions: kathy@ryeymca.org

Family: FREE; Youth: \$15/family; Non-Member: \$25/family

PJ FRIDAY PARTY

Friday, February 8, 6:30-8:30pm

Ages 3-8 years (must be potty-trained). Come in your PJ's, bring your favorite stuffed animal and slippers! Gym exploration, storytime, games, relays and more! Culminates in a dance party and pizza dinner is provided. Questions: kathy@ryeymca.org

Family: \$20/child; Youth: \$25/child; Non-Member: \$40/child

FAMILY SKI/ SNOWBOARDING TRIP

Saturday, February 9, 9:00am - 5:00pm

Join us for a fun filled family adventure to Thunder Ridge Ski Resort. Families will have the opportunity to sit back and relax while we do the driving. Participants will enjoy a day of skiing and snowboarding! Fee includes transportation, lift ticket, and equipment rental.

Questions: kathy@ryeymca.org **Registration is required**

Pair adult/child: \$210.00; Pair + add'l child or adult (3): \$300

Family of Four: \$400.00

PARENTS NIGHT OUT: Friday, February 15

Enjoy a night out while we provide a safe and fun environment for the kids! **Registration is required.** Questions: kellylewin@ryeymca.org

Ages 3 mos-5 years: 6:30-9:00pm; Storybook Activities: "Corduroy"

Located in Child Watch Room and includes an age appropriate snack.

Family: \$20/child; Youth: \$25/child; Non-Member: \$40/child

Grades K-6: 6:00-9:00pm Night "Out" at the Movies. Located in Child Care Room and includes a light dinner.

Family: \$25/child; Youth: \$35/child; Non-Member: \$50/child

MARCH

FIRST FAMILY FRIDAY - BOARD GAME MADNESS

Every 1st Friday of the month, we invite your family to join us for an evening activity with themed crafts, activities, snacks and fun.

Friday, March 1, 6:30-7:30 pm

Registration is required and space is limited. so reserve yours today! Questions: kathy@ryeymca.org

Family: FREE; Youth: \$15/family; Non-Member: \$25/family

CARDBOARD BOAT REGATTA

Friday, March 8, 6:30pm

Join our popular 6th Annual Cardboard Boat Regatta! Families are challenged to design, create and race a human-powered boat made entirely of cardboard and duct tape. Design happens at home and on March 8 families bring completed boats to the Y for judging and races. Guidelines available at the Member Services Desk. Registration required. For more information, contact: familyfun@ryeymca.org

Family: FREE; Youth: \$10/boat;

Non-Member: \$20/boat



Please see more family friendly and parent/child classes on pages 13, 20 & 26.

FAMILY SPECIAL EVENTS

MARCH, CONT.

PARENTS NIGHT OUT:

Friday, March 15, 6:30-9:00pm

Enjoy a night out while we provide a safe and fun environment for the kids! **Registration is required.** Questions: kellylewin@ryeymca.org

Ages 3 mos-5 years: Storybook Activities: "Dr. Seuss Birthday Celebration"

Located in Child Watch Room and includes an age appropriate snack.

Family: \$20/child; Youth: \$25/child; Non-Member: \$40/child

Grades K-6: Chef for a Night. Located in Child Care Room and includes a light dinner.

Family: \$25/child; Youth: \$35/child; Non-Member: \$50/child

APRIL

FIRST FAMILY FRIDAY – FAMILY SUPERHEROES

Every 1st Friday of the month, we invite your family to join us for an evening activity with themed crafts, activities, snacks and fun.

Friday, April 5, 6:30-7:30pm

Registration is required and space is limited so reserve yours today! Questions: kathy@ryeymca.org

Family: FREE; Youth: \$15/person; Non-Member: \$25/person

FAMILY SWIM EASTER EGG HUNT

Sunday, April 7, 2:30-4:00pm

Families will enjoy a fun filled afternoon including an Easter Egg Hunt in the Pa Cope pool followed by Arts and Crafts and light refreshments. Registration required. Questions: kathy@ryeymca.org

Family: FREE; Youth: \$10/family; Non-Member: \$20/family

SAFETY AROUND WATER

April 16-April 19

This 4-session course teaches children water safety and basic swimming skills that help reduce the risk of drowning and builds confidence in and around water. Children will work with certified water safety instructors in and outside of the pool to have a better understanding of how they can remain safe around waterfronts. Questions: sheila@ryeymca.org

Free to all. Registration required.

Ages 3-5: 11:00am-11:30am; Ages 6-9: 11:30am-12:00pm

PARENTS NIGHT OUT

Friday, April 19, 6:30-9:00pm

Enjoy a night out while we provide a safe and fun environment for the kids! **Registration is required.** Questions: kellylewin@ryeymca.org

Ages 3 mos-5 years: Storybook Activities: "The Best Nest" Located in Child Watch room and includes an age appropriate snack.

Family: \$20/child; Youth: \$25/child; Non-Member: \$40/child

Grades K-6: Earth Day STEM Activities Located in Child Care Room and includes a light dinner.

Family: \$25/child; Youth: \$35/child; Non-Member: \$50/child

RYE DERBY & HEALTHY KIDS DAY

Sunday, April 28, 10:30am-1:00pm

A fun and active day for the whole family at the Rye Y! Runners: sign up for the 5 mile or 5K race. Families: Register for our 1 mile/walk through the streets of Rye. Registration for both races begins in April. Races and Healthy Kids Day Activities start at 10:15. Fun run starts at 12:15pm.

Look for details at ryeymca.org in early April.

MAY

FIRST FAMILY FRIDAY – MAY THE FORCE BE WITH YOU

Every 1st Friday of the month, we invite your family to join us for an evening activity with themed crafts, activities, snacks and fun.

Friday, May 3, 6:30-7:30pm

Registration is required and space is limited so reserve yours today! Questions: kathy@ryeymca.org

Family: FREE; Youth: \$15/person; Non-Member: \$25/person

ACTIVE FAMILY FRIDAY – "NERF NIGHT"

Friday, May 10, 6:30-7:30pm

Join us for a fun filled active night of nerf for all ages! Family participation required. Questions: kathy@ryeymca.org

Family/Youth Members: \$20; Non-Member: \$30 (per event/per family)

GYMNASTS NIGHT IN

Friday, May 17: 7:00-9:30 pm

Ages 5 and up (No experience necessary)

Join us for a fun-filled evening of gymnastics, group games, open workouts and much more. Dinner included. Registration required.

Family: \$25; Youth: \$35; Non-Member: \$50

PARENTS NIGHT OUT

Friday, May 17, 6:30-9:00pm

Enjoy a night out while we provide a safe and fun environment for the kids! **Registration is required.** Questions: kellylewin@ryeymca.org

Ages 3 mos-5 years: Storybook Activities: "Rainbow Fish"

Located in Child Watch Room and includes an age appropriate snack.

Family: \$20/child; Youth: \$25/child; Non-Member: \$40/child

Grades K-6: Tie Die Art. Located in Child Care Room & ExerZone and includes a light dinner.

Family: \$25/child; Youth: \$35/child; Non-Member: \$50/child

JUNE

FIRST FAMILY FRIDAY – SUMMER TIME FUN

Every 1st Friday of the month, we invite your family to join us for an evening activity with themed crafts, activities, snacks and fun.

Friday, June 7, 6:30-7:30pm

Registration is required and space is limited so reserve yours today! Questions: kathy@ryeymca.org

Family: FREE; Youth: \$15/person; Non-Member: \$25/person

PJ FRIDAY PARTY

Friday, June 14, 6:30-8:30pm

Ages 3-8 years (must be potty-trained) Come in your PJ's, bring your favorite stuffed animal and slippers! Gym exploration, story, games, relays and more! Culminates in a dance party and pizza dinner is provided. Questions: kathy@ryeymca.org

Family: \$15/child; Youth: \$20/child; Non-Member: \$30/child

PARENTS NIGHT OUT

Friday, June 21, 6:30-9:00pm

Enjoy a night out while we provide a safe and fun environment for the kids! **Registration is required.** Questions: kellylewin@ryeymca.org

Ages 3 mos-5 years: Storybook Activities: "Five Green and Speckled Frogs"

Located in Child Watch Room and includes an age appropriate snack.

Family: \$20/child; Youth: \$25/child; Non-Member: \$40/child

SAFETY AROUND WATER

June 25-28 (See April description)

Free to all. Registration required.

Ages 3-5: 4:00-4:30pm; Ages 6-9: 4:30-5:00pm