



RYE YMCA

GYM CLOSURE

**The Gym will be closed Sunday,
January 27 from 12:30pm-
6:30pm for staff training.**

THANK YOU!



Rye YMCA Open Gym Schedules

November 3 – January 25, 2019

GYM 1 – Front Court

BASKETBALL 16 & UP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-9:15am 11:15am-1:00pm 8:00-10:00pm ADULT BBALL	5:30am-9:15am 11:15Pm-1:15pm 8:00pm-10:00pm 35 & UP ADULT BBALL	5:30am-9:15am 11:30am-1:15pm 8:00pm-10:00pm Adult OPEN SOCCER	5:30am-9:00am 11:30pm-1:00PM 8:30pm-10:00pm ADULT BBALL	5:30am-9:15am 11:30pm-1:00PM	7:00AM-8:00AM	8:00am-9:15am

FAMILY BASKETBALL- FAMILY MEMBERSHIP REQUIRED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				7:30pm-8:30pm FAMILY BBALL	2:00-6:30pm FAMILY BBALL	

TEEN GYM TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2:15-3:15pm		2:15-3:15pm	3:00-3:30PM	2:15-3:15pm 8:30pm-10:00pm HS OPEN BBALL		

GYM 2 – Back Court

BASKETBALL 16 & UP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00pm-10:00pm ADULT BBALL	9:00pm-10:00pm 35&UP ADULT BBALL	8:00pm-10:00pm ADULT OPEN SOCCER	9:00pm-10:00pm ADULT BBALL			8:00am-9:15am

FAMILY BASKETBALL / FAMILY SOFT PLAY- FAMILY MEMBERSHIP REQUIRED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1:30pm-3:30pm SOFT PLAY 4:00-6:30 FAMILY BBALL	

TEEN GYM TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				8:30pm-10:00pm HS OPEN SOCCER		

First Family Fridays will be held in the gym, so there will be no open gym the first Friday of every month from 6:00-8:00pm. Registration is required for First Family Friday events. See program guide for details

8/27-9/3	Gym Closed	10/12	Gymnast Night In 7:00 – 9:30
9/8	Session 1 Begins	10/28	Halloween Carnival
9/14	Active Family Friday- Nerf Night	10/20	Rollover Begins for Session 2, session 2 begins 11/10
10/5	First Family Friday- Frankenstein Friday	11/2	First Family Friday- Turkey Trot
		11/9	Active Family Friday- Nerf Night

See back of schedule for gym rules and procedures. **Schedule subject to change without notice**

RYE YMCA GYM RULES

GENERAL BASKETBALL RULES

1. Open to members ages 16 & up*
2. No food or drink in the gym (plastic water bottles are permitted)
3. Only athletic shoes on the gym floor
4. Gymnastics equipment and Gym Closet are off limits
5. Please put basketballs back on the rack when you are done playing

BASKETBALL GAME RULES

1. Full court games play to 11 points, win by 2
2. Field goals worth 1 point, beyond the arc worth 2 points, no free throws
3. Call your own fouls on offense. Respect the calls
4. If two or more teams are waiting, games play to 9, do not have to win by 2
5. With two or more teams waiting, any team that wins by three games in a row gives up the floor. Next two teams play. Three game winner plays after any waiting teams and before losing teams
6. Adult basketball is for members 18 & up*
7. 35 & up basketball is for members age 35 & up*
8. Teen Gym Time is for ages 12-17*

Family Basketball/Family Soft Play - Family Membership required

1. Please respect the authority of the gym supervisor
2. Parents must stay with your children at all times
3. Please be considerate of yourself and others
4. Please use sports equipment for its intended purpose

The Rye Y reserves the right to modify the rules at its discretion to ensure the safety of all members, guests and staff. Participants may be asked to leave the gym for inappropriate behavior or disrespect of the rules.

***For all above programs non-members are welcome to come but must follow Guest procedures**

Guests: All guests who are not active Y members in Nationwide Membership may visit the Y up to 6 times per year for a fee: Adults/Seniors \$20; Youth (17 years and younger) \$5 per visit. Adults/Seniors must provide photo ID. The Rye YMCA reserves the right to limit the number of guests in the building at any given time. Guest fees can be applied to membership fees except college & youth memberships.