



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fitness Floor Staff

POSITION SUMMARY:

Works directly with health and wellness and member services staff to engage and retain members, provide facilities that are safe, clean and in good repair.

ESSENTIAL FUNCTIONS:

- Improves the health and well-being of the community the Rye YMCA serves.
- Works to ensure member safety and enjoyment.
- Engages members using listen first skills. Encourages member interaction.
- Provides hands on wellness services including orientations, fitness assessments, and information on the wellness program offered by the Rye Y.
- Encourages small-group interaction among members through planned and spontaneous programming and member challenges.
- Ensures the cleanliness of facilities and equipment.
- Identifies facility, equipment or other problems and troubleshoot as capable. Promptly inform the appropriate supervisor of all facility, equipment or other issues.
- Maintains Fitness Center member rules and regulations among members.
- Attends departmental meetings and trainings as scheduled. Attends required YMCA trainings as scheduled.
- Serves as a role model for healthy living and demonstrates superior "Expect the Best" customer service. Adheres to department "Absolutes" as well as expectations for job performance.
- Actively participates in the Annual Campaign

QUALIFICATIONS:

1. Required certifications: CPR, First Aid, AED
2. Active listening skills
3. Ability to establish relationships with staff and members within the community of the Y
4. Ability to respond to safety and emergency situations
5. Completion of all new employee trainings within the established timeline

PHYSICAL DEMANDS:

1. Acceptable eyesight (with or without correction).
2. Acceptable hearing (with or without correction).
3. Ability to communicate both orally and in writing.
4. Ability to lift up to 50lbs.

PT SHIFTS (not to exceed 29 hours per week):

1. Monday - Friday 6:00-10:00pm
2. Saturday - Sunday 8:00am-6:30pm

Contact : Diana Vita dianavita@ryeymca.org
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RYE YMCA

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