

RYE Y FAMILY TIME: JULY 2018 CALENDAR



Check out our expanded summer family swim schedule!

PARENTS NIGHT OUT

Friday, July 20, 6:30-9pm

Ages 3 months-5 years.

Parents enjoy a night off while we provide the supervision and entertainment for the kids in Child Watch! Themed story-book activity: "StellaLuna."

Family: \$20/child

Youth: \$25/child

Non-Member: \$40/child

Register at ryeymca.org



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Family Swim Family Gym	2 Family Swim	3 Family Swim	4 We are closed.	5 Family Swim	6 Family Swim	7 Family Swim Family Gym
8 Family Swim Family Gym	9 Family Swim	10 Family Swim	11 Family Swim ExerDrop	12 Family Swim	13 Family Swim	14 Family Swim Family Gym
15 Family Swim Family Gym	16 Family Swim	17 Family Swim	18 Family Swim ExerDrop	19 Family Swim	20 Family Swim Parents Night Out	21 Family Swim Family Gym
22 Family Swim Family Gym	23 Family Swim	24 Family Swim	25 Family Swim ExerDrop	26 Family Swim	27 Family Swim	28 Family Swim Family Gym
29 Family Swim Family Gym	30 Family Swim	31 Family Swim	Registration for Fall Programs starts Wednesday, August 1 for Members. Non-Member Registration starts August 8. View the program guide at www.ryeymca.org			

EXERZONE: Combines fitness with technology for a fun, fast paced workout! Kids ages 5-10 may use ExerZone with parent/guardian and ages 11 & up on their own.

EXERDROP: Wednesdays: 4:30-6:30 pm (1 hr. max - \$5/child)
Drop the kids, ages 5-10, off in the ExerZone for supervised, safe and structured play!

BIRTHDAY PARTIES available in the ExerZone on Saturday & Sunday, 3-5 pm.

FAMILY GYM TIMES

Saturday: 3:00-6:30 pm Family Basketball
Sunday: 12:30-3:00 pm Family Basketball

(No soft play in the summer)

There are still limited spots in our summer camp! Register at www.ryeycamp.org

SUMMER FAMILY SWIM TIMES*

Monday: 5:30-7:30pm
Tuesday: 9:50-10:40am (Brookside) & 5:30-7:30pm
Wednesday: 12:40-1:20pm & 5:30-7:30pm
Thursday: 1:20-2:00pm & 5:30-7:30pm
Friday: 3:20-5:20pm (Brookside) & 5:30-8:00pm
Saturday: 1:00-5:00pm
Sunday: 8:15-8:55am - special needs
11:30am-5:00pm

Located in Pa Cope pool unless otherwise indicated.