



RYE Y FAMILY TIME: DECEMBER 2017 CALENDAR

First Family Friday - Santa's Visit Friday, December 1, 6:30-7:30pm

Join us for an evening activity with themed crafts, activities, snacks and fun!

Family/Youth: FREE;

Non-Member: \$5/person. Registration required at www.ryeymca.org or Member Services

PJ Friday Party - Ages 3-8

Friday, December 15, 6:30-7:30pm

Gym exploration, games, stories, dance party and more! Pizza dinner provided.

Family: \$15/child; Youth \$20/child;

Non-Member: \$30/child

Registration required at www.ryeymca.org or Member Services

DROP AND SHOP

Friday, Dec. 1, 8 & 15: 4-7pm

Let us watch your child while you do your holiday shopping.

Reservation required. Fee: \$25

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**Families Play Free Week
December 26-31**
Free activities and fun for members and their guests- see schedule for details. Register online - Dec. 4-22
Details: [contact familyfun@ryeymca.org](mailto:familyfun@ryeymca.org)

EXERZONE: Combines fitness with technology for a fun, fast paced workout! Kids ages 5-10 may use ExerZone with parent/guardian and ages 11 & up on their own.

EXERDROP: Wednesdays: 4:30-6:30 pm (1 hr. max - \$5/child)
Drop the kids, ages 5-10, off in the ExerZone for supervised, safe and structured play!

BIRTHDAY PARTIES available in the ExerZone on Saturday & Sunday, 3-5 pm.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Dec. 26-29: Enjoy a fun-filled vacation at the Y with December Vacation Clubs - choose from STEAM, Basketball, Gymnastics and Fun Club! Don't miss out - register now at www.ryeymca.org or with our mobile app. We also offer our free Safety Around Water program during this time.</p>					<p>1 Family Swim Family Gym Drop and Shop First Family Friday</p>	<p>2 Family Swim Family Gym</p>
<p>3 Family Swim Family Gym</p>	<p>4 Family Swim</p>	<p>5 Family Swim</p>	<p>6 Family Swim ExerDrop</p>	<p>7 Family Swim</p>	<p>8 Family Swim Family Gym Drop and Shop</p>	<p>9 Family Swim Family Gym</p>
<p>10 Family Swim Family Gym</p>	<p>11 Family Swim</p>	<p>12 Family Swim</p>	<p>13 Family Swim ExerDrop</p>	<p>14 Family Swim</p>	<p>15 Family Swim Family Gym Drop and Shop PJ Friday Party</p>	<p>16 Family Swim Family Gym</p>
<p>17 Family Swim Family Gym</p>	<p>18 Family Swim</p>	<p>19 Family Swim</p>	<p>20 Family Swim ExerDrop</p>	<p>21 Family Swim</p>	<p>22 Family Swim Family Gym</p>	<p>23 Family Swim Family Gym</p>
<p>24 Special hours: 8am-noon</p>	<p>25</p> <p>Christmas Day - closed</p>	<p>26 Family Swim</p>	<p>27 Family Swim</p>	<p>28 Family Swim</p>	<p>29 Family Swim Family Gym</p>	<p>30 Family Swim Family Gym</p>
<p>31 We close at 6pm.</p>			<p>Dec Vacation Clubs and Safety Around Water - Dec. 26-29</p> <p>Families Play Free Week: Dec. 26-31 (no youth classes this week)</p>			

FAMILY SWIM TIMES*

- Monday:** 12-1pm & 3:15-4:15pm (Brookside)
- Tuesday:** 12-2pm
- Wednesday:** 11am-1pm & 3:15-4:15pm (Brookside)
- Thursday:** 11:30am-2pm
- Friday:** 12-1pm, 1:50-3:30pm, 3:15-4:15pm (Brookside), 6:10-9pm
- Saturday:** 3:30-5:45pm
- Sunday:** 8:45-9:25am - special needs
11am-2pm (Brookside) 3:30-5:45pm

Located in Pa Cope pool unless otherwise indicated.
Watch for special holiday pool schedules, Dec. 26-31

FAMILY GYM TIMES

- Saturday:** 1:30-3:30pm Soft Play
2:00-6:30 pm Family Basketball
- Sunday:** 12:45-4:45 pm Family Basketball

Watch for special holiday gymnasium schedules, Dec. 26-31

SAVE THE DATES

Summer Camp Registration starts:
Returning Campers & siblings: January 3.
All Campers: January 10 Questions: camp@ryeymca.org
Program Registration: Rollover Week:
Members: January 17; Non-Members: January 19

DECEMBER PRIME TIME SCHEDULE FOR TEENS, TWEENS & FAMILIES

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
2:15 – 3:15 pm Teen/Tween Open Gym Gym 1	2:15 – 3:15 pm Teen/Tween Open Gym Gym 1	2:15 – 3:15 pm Teen/Tween Open Gym Gym 1	2:15 – 3:15 pm Teen/Tween Open Gym Gym 1	2:15 – 3:15 pm 8:30–10:00 pm Teen Open Soccer (HS age)
4:30–5:15 pm Ninja Zone – 11+ only (NEW!) 8–9:45 pm Youth/Teen Swim		3:15 – 4:15 pm Youth, Tween, Teen Lap Swim & Family Swim Brookside Pool 8–9:45 pm Youth/Teen Swim		3:15 – 4:15 pm Family Swim–Brookside 8–9:45 pm Youth/Teen Swim
				6:10–9:00 pm Family Swim–Pa Cope Pool 8–9:45 pm Youth/Teen Swim

ANYTIME:

ExerZone: Interactive equipment including: T-wall, X-box Bikes, 3-Kick, Jump Q and Heavy Ball. Ages 11 and up or ages 5–10 with a parent/guardian. ExerZone hours are the same as the Rye Y facility. Proper footwear (sneakers) required.

Family Room:
Air Hockey and more!

Freestyle Fitness Zone:
Exercise – Espresso bikes, Medicine balls, ropes and more.
Ages 12 and up

After school teen workouts are free to Members;
\$5 fee for Non-Member teens.

Teen Leaders Club

Please contact kathy@ryeymca.org for more information.

Teen Fitness Vacation Clinic: Dec. 26–29
Ages 12–16 – Don't miss out, register now!

WEEKEND

Teen/Youth Swim Saturdays: 2:35–4:30pm & Sundays: 2–3:30pm
Teen Open Gym Time Sundays: 12:45–2:30 pm

6th–8th Graders: 2nd Saturday
 Saturday, December 9 7–10 pm
 Members: FREE; Non-Members: \$5 Please register online