

Grand Prix Meets

Inter squad time trials –approximately 6 meets per season to time each stroke and certain distances.

All swimmers are encouraged to attend. Points will be given to each swimmer as their times are ranked in the age group. Have to be present and legal for points. There are no make-ups or re-dos. Awards will be given out at the Team Awards dinner at the end of the season.

December 1, 2010 is the age cut off- Just like dual meets and YMCA State Meet

Tentative Meet Schedule-

10/22/10- Freestyle and backstroke

11/19/10-Breast stroke and Butterfly

12/17/10-IM and Middle distance free-Holiday party

1/14/11-Long Distance Free

2/11/11-Freestyle and Backstroke

3/4/11-Breaststroke and Butterfly

All meets Friday Evenings-8's and 10's- 6:00-7:00

12's and up-7:00-8:00